

Phoenix Futures

Ending dependency, transforming lives



Hampshire 

Primary Care Trust

**HAMPSHIRE
BRIEF
INTERVENTION
ALCOHOL
SERVICE**

Transforming Lives

Phoenix Futures provides help and support to adults who are consuming excessive quantities of alcohol.

Phoenix Futures is a leading provider of care and rehabilitation services for people with drug and alcohol problems in the UK. We are a national charity offering an effective range of services across community, prison and residential settings.

What is Hampshire Brief Intervention Alcohol Service?

Hampshire Brief Intervention Alcohol Service delivers sessions to adults who are consuming excessive quantities of alcohol.

The service is *solely* aimed at non-dependent drinkers whose alcohol use has become hazardous or harmful to their health. Therefore we are unable to take on referrals classed as dependant drinkers for this particular service.

The brief interventions provided by the service consist of structured conversations which motivate and support a client in thinking about and/or planning behaviour change.

An emphasis is placed on building confidence, taking responsibility, providing information/ advice and setting goals for reducing alcohol intake.

What is Harmful Or Hazardous Drinking?

Hazardous drinking:

- Is a level of alcohol consumption or a pattern of drinking which carries a risk of harmful consequences for the drinker or others.
- Men drinking at hazardous levels will consume 22-50 units per week and women 15-35 units per week.

Harmful drinking:

- Is a pattern of drinking that causes damage to health, either physical or mental.
- A diagnosis of harmful drinking means that harm has already been caused by alcohol use.
- Men drinking at harmful levels will consume over 50 units per week and women will consume over 35 units per week.

Who can refer to the service?

Referrals are accepted from various sources. These include:

- GPs, Nurses, Midwives, Health visitors and Hospital staff
- Police staff, Probation officers, Magistrate's Courts
- Housing Associations, Support agencies
- Self referral by client

What area does the service cover?

The service covers:

- Gosport
- Fareham
- Havant
- Eastleigh
- Winchester

How do I refer?

There is a specific referral form for Hampshire Brief Intervention Alcohol Service.

If you require a referral form, please contact the team by phone on: **01256 331 316** or email them at

hamphire.abis@phoenix-futures.org.uk

Completed forms should be faxed to:
01256 335 946

What happens next?

The service will make contact with the client and arrange a convenient appointment time for initial screening and assessment.

“Brief interventions are targeted towards those who are consuming excessive amounts of alcohol but are not yet experiencing significant levels of harm.”

(Alcohol Concern 2001)

Other Drug and Alcohol Agencies in Hampshire

Aldershot

Phoenix Futures
☎ **01256 358 753**

Andover

CRI
☎ **01264 339 833**

Basingstoke

Phoenix Futures
☎ **01256 358 753**

Eastleigh

Society of St James
☎ **02380 612 465**

Fareham/ Gosport

Phoenix Futures
☎ **01329 237 014**

Havant

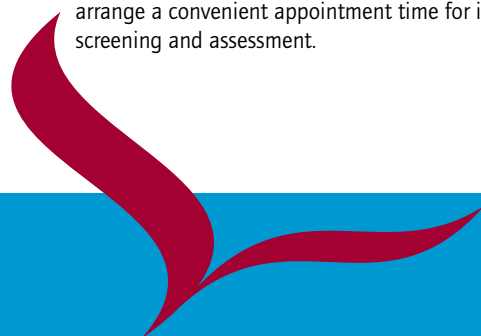
Phoenix Futures
☎ **02392 492 628**

New Forest

Society of St James
☎ **01590 688 448**

Winchester

CRI
☎ **01962 870 818**



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Our Mission

Phoenix Futures brings positive change in the lives of individuals, families and communities affected by substance misuse. We reduce the impact of drug and alcohol related harm and enable our service users to rebuild their lives. Our purpose is achieved through the skills and dedication of our staff.

Our Vision

Every person who is dependent on drugs and alcohol has the potential to rebuild their life.

Hampshire Brief Intervention Alcohol Service:

☎ **01256 331 316**

E-mail: hampshire.abis@phoenix-futures.org.uk

Website: www.phoenix-futures.org.uk

Phoenix House (operating as Phoenix Futures) is a registered charity in England and Wales (No. 284880) and in Scotland (No. SC039008). Company Limited by Guarantee Number 1626869. Registered Housing Corporation Number H3795. National Housing Federation Member. Patron: HRH Prince of Wales.

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INVESTOR IN PEOPLE